**Rubric for High School Small Group Counseling**

**Component #1: *Needs Identification***

Describe how you identified and analyzed the data to determine the need for this group.

Identify one group goal and one measurable session objective.

Will you, or will you not contact parents? Why or why not? What are the ethical and legal issues to consider here, particularly with regard to confidentiality and signed consent?

**Component #2: *Group Process***

Describe the group process:

How will members be selected?

How will members be involved in determining goals?

Describe how the overarching group goal may differ or be the same as individual member goals.

What will be considered when developing session activities?

**Component #3:  *Group Content: Theory & Techniques***

What essential elements need to be addressed in the initial session of group.

What theoretical orientation are you planning to use and why was it selected (provide research support for the selection of theoretical orientation for this specific population and topic).

Describe the process and activities you have planned (provide research support for the selection of counseling techniques/strategies for this specific population and topic).

**Component #4: *Outcomes Assessment***

How will you measure student progress toward counseling goals?

How will you measure the effectiveness of the group lesson toward meeting the stated objective?